

Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net Phone: 785-4081 Fax: 785-2671 <u>Hope Elementary</u> School Facebook

Upcoming Events for Your Calendar

Jan. 27 - CHRHS presentation to 8th grade

Jan. 30 - P/T Conferences for 8th grade

Jan. 31 - Buddy Activity

Feb. 10-14 - Spirit Week

Feb. 12 - PFE activity Bay Chamber (gr. 5-8)

Feb. 13 - Students vs. Staff basketball game

Feb. 17-21 - School vacation week

HES has used three snow days.

"The expert in anything was once a beginner."

- Helen Hayes

Please help our 8th Graders reach their goal for their trip to Quebec! Tickets will be available in the office or ask any HES 8th grader! Thank you!





Hope Elementary School 8th Grade Class Trip

2020 Valentine's Day Raffle \$5 each or 5 for \$20

1st Prize: \$100 gift card to Franny's Bistro in Camden

2nd Prize: Kris Dube's famous Death by Chocolate cheesecake

3rd Prize: One dozen roses

Spirit Week is February 10th - 14th

Monday: Team Madness Monday

 Show your love for your favorite professional, college, or school sports team by wearing team gear.

Tuesday: Wacky Tacky Tuesday

• Crazy hairstyles, wild socks, mismatching outfits.



• Wear blue and white.

Thursday: Pajama Day

Wear your coziest jammies and a fuzzy robe! Shoes are required.

Friday: Famous Friday

• Dress as your favorite celebrity, professional athlete, historical figure, or as a character from your favorite book or movie.

There will be a prize for the Homeroom or Crew with the highest percentage of participation for the entire week!

Geography Bee

Congratulations to Jameson W., winner of the Geography Bee at Hope Elementary School.



Front row: Griffin, Kaley & Lars. Second row: Jameson, Amelia, Keagan, Rose, & Maizie. Third row: Gage & Alanna

The finalists for Hope Elementary School were:

4th Grade

I. Kaley L.

2. Lars S.

Alternate: Adelaide L.

5th Grade

I. Alanna S.

2. Gage E.

Alternate: Mason M.

6th Grade

I. Keagan D.

2. Maizie C.

Alternate: Wilder H.

7th Grade

L. Griffin N.

2. Rose T.

Alternate: Matilda S.

8th Grade

I. Amelia Q.

2. Jameson W.

Alternate: Ava M.



The school competition is the first round in the annual National Geographic GeoBee, a geography competition designed to inspire and reward students' curiosity about the world. Questions cover not only geography, but also ancient and world civilizations, cultures, and physical features.

The National Geographic Society developed the GeoBee in 1989 in response to concern about the lack of geographic knowledge among young people in the United States. Over more than three decades, more than 120 million students have learned about the world through participation in the GeoBee.

School champions, including Jameson, will take an online qualifying test; up to 100 of the top test scorers in each state then become eligible to compete in their State GeoBee. The winners of the State GeoBees receive an all-expenses-paid trip to participate in the GeoBee national championship in Spring 2020. Students will be competing for cash prizes, scholarships and an all-expenses-paid Lindblad expedition to the Galápagos Islands aboard the National Geographic Endeavour II. Learn more at www.natgeobee.org.

In addition to the GeoBee, National Geographic also offers classroom resources, student experiences and professional development opportunities for educators.







Polar Plunge

Saturday, February 1, 2:00 pm

Camden Harbor Park

The Polar Plunge is a wild & crazy part of Camden's annual Winterfest!

Come out for your community and be a part of this fun-draiser! Whether you are taking the frigid dip in the North Atlantic, or a volunteer serving up hot cocoa, please come out to support

SUNDOG OUTDOOR EXPEDITIONS!

Visit www.sundogoe.com to register!

This year you can participate as an individual or a team!

PRIZES FOR ALL PARTICIPANTS!

Please complete the registration form, print our pledge form, and start gathering your support! A minimum of \$25 in pledges for each plunger! Thanks to all you brave souls for plunging and for supporting Sundog OE!













JAMMER WINTER FLAG

Registration is now open for Five Town Football Winter Flag. The program runs on 6 consecutive Monday evenings from 5:30-6:30 at The Pitch. The program is open to all Five Town students currently enrolled in grades Kindergarten through 8th. During each session participants will be divided into age and skill level appropriate groups to work on football skills, drills and of course flag football games.

Cost: \$50 (covers all 6 sessions) Dates: Mondays, 2/24/20—3/30/20 Time: 5:30—6:30pm Location: The Pitch, 2606 Camden Rd, Warren, ME

Registration must be complete online in advance of the first session attended. Find the registration link at www.fivetownfootball.com or go directly to the registration page at:

https://fivetownfootball.sportngin.com/register/form/202154916





Monthly Substance Use Prevention Update:

Underage Drinking - Myths versus Facts

You probably see and hear a lot about alcohol – from TV, movies, music, social media, and your friends. But what are the real facts? Here are some common myths and facts about alcohol use.

Myth: All of the other kids drink alcohol. You need to drink to fit in.

Fact: Don't believe the hype: Most young people don't drink alcohol! Research shows that almost 80 percent of 12 to 20-year olds haven't had a drink in the past month.

Myth: Drinking alcohol will make people like you.

Fact: There's nothing likeable about stumbling around, passing out, or puking on yourself. Drinking alcohol can also make your breath smell bad and cause you to gain weight.

Myth: Drinking is a good way to loosen up at parties.

Fact: Drinking is a dumb way to loosen up. It can make you act foolish, say things you shouldn't say, and do things you wouldn't normally do. In fact, drinking can increase the likelihood of fights and sexual assaults.

Myth: Alcohol isn't as harmful as other drugs.

Fact: Your brain doesn't stop growing until about age 25, and drinking can affect how it develops. Plus, alcohol increases your risk for many diseases, such as cancer. It can also cause you to have accidents and get injured, sending you to the emergency room.

Myth: Beer and wine are safer than liquor.

Fact: Alcohol is alcohol. A 12-ounce beer, a 5-ounce glass of wine and a shot of liquor (1.5 ounces) all have the same amount of alcohol.

Myth: You can sober up quickly by taking a cold shower or drinking coffee.

Fact: There's no magic cure to help sober up. On average, it takes 2 to 3 hours for a single drink to make it through your body. And there's nothing you can do to make that happen quicker.

Myth: There's no reason to wait until you're 21 to drink.

Fact: When you're young, drinking alcohol can make learning new things more difficult. Also, people who begin drinking before they turn 15 are more likely to develop a drinking problem at some point in their lives than those who begin drinking at age 21 or older, when it is legal to drink in all states and Washington, D.C.

Myth: You can drink alcohol and you won't get into trouble.

Fact: All states and Washington D.C., have 21-year-old minimum drinking age laws. If you get caught drinking, you might have to pay a fine, do community service, take alcohol awareness classes, or even spend time in jail.

(HHS Pub SMA-18-4299 – Revised 2018- Substance Abuse and Mental Health Association (SAMHSA))

To learn more, go to www.maineparents.net, sponsored by the Maine Office of Substance Abuse and Mental Health Services or stopalcoholabuse.gov, web portal for the Interagency Coordinating Committee on the Prevention of Underage Drinking (ICCPUD).

To find out how you can become involved locally, contact Wanda Gamage-Wyman, Substance Use Prevention Specialist, Knox County Community Health Coalition – 236-6313, Ext. 2; wgamagewymankcchc@gmail.com Knox County Community Health Coalition provides substance use prevention services in Knox and Waldo Counties, and is a division of Penobscot Bay YMCA.

Hope Chess

State Warmup: February 9, Sunday

At Lincolnville School Art Room, 10 AM, \$20, trophies for all. This is a rated event: Dan DeLuca, Maine's Mr. Chess (Dan runs the amazing website www.ChessMaine.net a great source for chess information) will be the Tournament Director. Please arrive by 9:30 if you did not register in advance or 9:45 if you did. This will be run like the State Team event, so it will be touch-move, touch-take and you have to win with checkmate (king captures are do-overs). You have to have a current USCF membership: go here to search and see if yours is current:

http://www.uschess.org/datapage/player-search.php

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If you need a membership or need to renew(make sure you're good for March events too), go here: https://secure2.uschess.org/webstore/member.php?mode.x=16&mode.y=13&svreferer=http%3A%2F%2Fwww.uschess.org%2Fdatapage%2Fplayer-search.php

Four games (g/30, 5/d: if using a clock 30 minutes per player, 5 seconds before your clock starts counting down) likely ending in an hour for K/I, in two hours or so for grades 2/3 and 3/4 hours for kids in grade 4 and up. I teach beginners blitz rules because young children learn chess faster this way. The downside is some get the rules mixed up, so it's good to remind your child before every touchmove game what the rules are (play touch move at home too!). It's also good to attend a touch move rules tournament before you go to State! Please email me before the event if you are coming with your child's name, division they want to play in (K/I, 2/3, 4/5 or 6/8), USCF number and expiration date. If you register in advance and don't come there is no charge: it's much easier to hit the delete button than try to get all the details entered when you're trying to get the event started.

State Team Championship: March 7

Orono. Details are here:

http://chessmaine.net/chessmaine/Teams%202020%20info.pdf

For a full recap, results and pictures from last year see this link: http://chessmaine.net/chessmaine/2019/03/state-scholastic-team-chess-ch.html

State K/8 Webber Championship: March 14

Details are at the link below. This is an event that is perfect for kids who are 6/8 and don't have a team of five: they can recruit kids K/5 to fill out their team! Another benefit: it's easier to win than the March 7 Team Championship!

https://sites.google.com/bonnyeagle.org/bonnyeaglechessclub/claude-e-webber-memorial-cup

To get previous files I have sent click here to get Hope School's Athletic page's "Chess" then "downloads":

http://hes.sportsoffice.com/downloads.php?level_id=1&org_id=26&sport_id=395

If you don't know how to play or don't understand strategy start at the top, "how the rook moves" and work your way to the bottom.

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